



Ken Bower
78205 Cloveridge Way
Palm Desert, CA 92211

BS 2639

“I GOT THE MUSIC IN ME”

Opener, Break (Circle Left)

Ain't got no troubles in my life
No foolish dreams to make me cry
Left Allemande that corner – Turn the Partner by the Right
Left Allemande, come on and Weave the Ring
I heat up, I cool down
You take her hand and Promenade her on down
I got the music in me, I got the music in me
I got the music in me

Figure

Heads Promenade take 'em Halfway
Come in a Square Thru Four
Four hands around then a Right & Left Thru
Veer Left – Ferris Wheel and go (ready by the left)
Left Square Thru Three Quarter round
Swing that corner, Promenade 'em on down
I got the music in me, I got the music in me
I got the music in me

Close

Four Boys Promenade go one time around
Come back and Swing with your date
Join up hands make your ring, Circle Left you can go
Do a Left Allemande, come on and Weave the Ring
I heat up, I cool down
You take her hand and Promenade her round the town
I got the music in me, I got the music in me
I got the music in me

Tag: I heat up, I cool down, music make my world go round

HARMONY BY TONY OXENDINE